

GP & SPECIALIST REFERRAL FOR ALLIED HEALTH SERVICES

CLIENT INFORMATION

Name: _____

Phone: _____ DOB: _____

Medicare #: _____

Private Health Fund: _____

Private Health #: _____

INSURANCE COVER/THIRD PARTY INFORMATION

Workers Comp DVA MVA Private Health CDM

Claim #: _____

REASON FOR REFERRAL DETAILS

Please select the appropriate chronic referral condition type below:

Cancer
Depression /Anxiety/
Mental Health/PTSD*
Musculoskeletal
Injury /Condition
Arthritis (Osteoarthritis/
Rheumatoid)
Menopause
Other: _____

Falls Prevention /Gait Decline
Type 2 Diabetes
Alzheimer's/Dementia
Metabolic Disorder
CAD/CHD
Lower Back Pain
COPD/Lung Condition
Chronic Pain

REFERRER DETAILS

Referrer: _____

Referring Health Professional (please tick):

GP Specialist Allied Health

Other: _____

Phone: _____

Practice: _____

Signature: _____ Date: _____

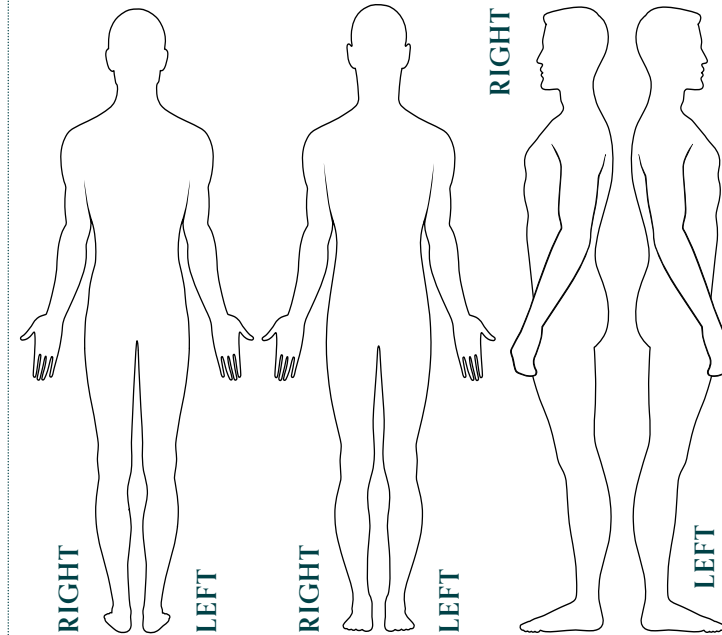
PLEASE ATTACH APPROPRIATE REFERRAL TYPE AS PER OPTIONS BELOW:

Chronic Disease Management Referral Attached DVA: D0904

MEDICAL HISTORY

MEDICATIONS

Please indicate additional musculoskeletal injuries/concerns on the diagram below:



NOTES

**SPECIALIST REFERRAL
AS PER CHRONIC CARE**



**AUSTRALIA REFERRAL
FORM + SPECIALIST LETTER**

DVA

Eligible for 12x Exercise Physiology sessions with White or Gold Card (12mth if TPI).

CHRONIC DISEASE MANAGEMENT

Patient consults GP to discuss eligibility for a Chronic Disease Management (CDM) referral, allowing up to 5 sessions with an allied health professional each calendar year.

STANDARD REFERRAL

Patient referred by specialist. Partial rebate may apply depending on Private Health Insurance policy.

Patient can contact health fund to determine Exercise Physiology and Physiotherapy cover (item #102, 202, 500, 502, 505 and 560).

NDIS

We are in the process of gaining approved registration with NDIS. However, we can see clients who have self-managed NDIS funds.

DVA

One-on-one sessions with an Exercise Physiologist.

Face-to-face & Telehealth options available.

CHRONIC DISEASE MANAGEMENT OR STANDARD REFERRAL

One-on-one sessions with an Exercise Physiologist or Physiotherapist. **(OR)**

Shape the Medicare referred sessions (rebate of approx. \$55 per session) around an 8 or 12-week Care Clinic program (see below)

Face-to-face, telehealth and home-based program design options available.

NDIS

Individual advice to a participant regarding exercise required due to the impact of their disability.

Item # 12_027_0126_3_3 (Exercise Physiology & Personal Wellbeing Activities) or 12_027_0128_1_3 (Therapeutic Supports).

CARE CLINIC

2 or 3 sessions a week on an 8 or 12-week program. Program cost varies between \$30-40 per session depending on program selected. Virtual clinic options also available. Partial private health rebates of approx. \$10 per session also available depending on level of cover.

Complete your individualised program within a clinic of 6:1 patient to practitioner ratio.

Complete a review every 4 weeks for assessment and program progression. For an 8-week program, attending 2x sessions/week, out of pocket costs vary depending on type of program and level of cover.